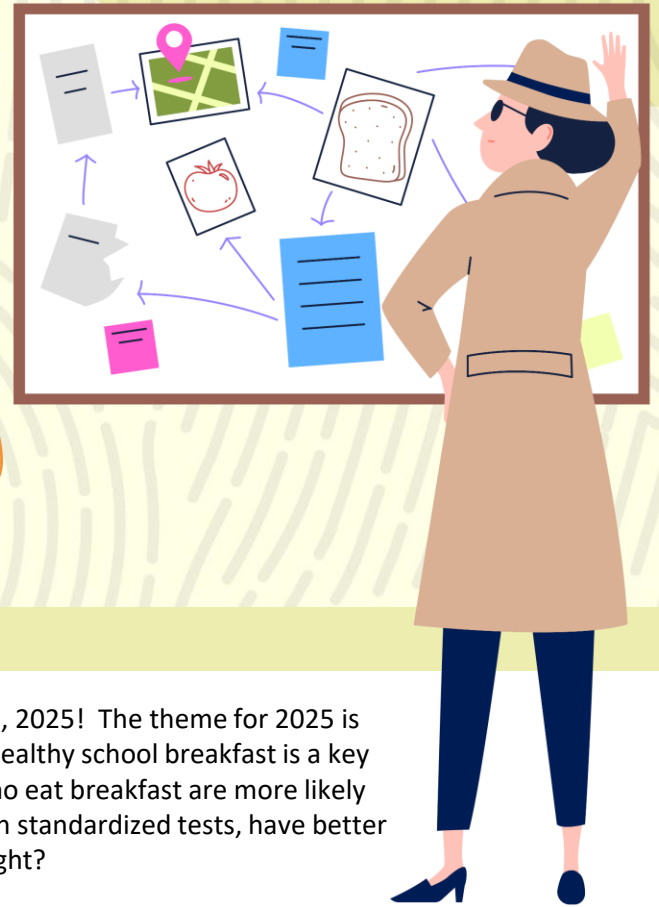
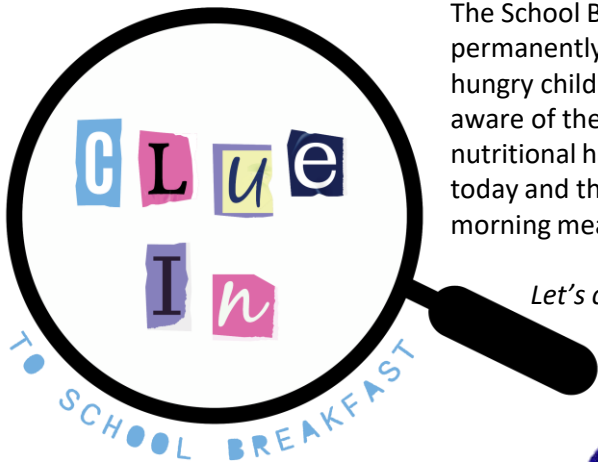


Join us in celebrating National School Breakfast Week March 3 – 7, 2025!



Join us in celebrating National School Breakfast Week from March 3 – 7, 2025! The theme for 2025 is “Clue In To School Breakfast” which will be about making the case that a healthy school breakfast is a key ingredient for school success. For instance, did you know that children who eat breakfast are more likely to reach higher levels of achievement in reading and math, score higher on standardized tests, have better concentration and memory and be more alert and maintain a healthy weight?

This week, we want to remind our entire school community that every child deserves a nutritious start to their day. Delicious breakfast options are available at Troy City Schools daily. Busy weekday mornings make it a challenge for many families to find time for a healthy breakfast. Fortunately, our cafeterias offer nutritious school breakfast meals, complete with fruit and low-fat or fat-free milk, to ensure students are fueled for learning every school day.



The School Breakfast Program has served our nation admirably since it was permanently established in 1975 and provides 12 million nutritious breakfasts to hungry children across the country every day. We encourage all residents to become aware of the benefits of the National School Breakfast Program and advocate for good nutritional habits for their children in hopes of achieving a more healthful citizenry for today and the future. We also want to encourage you to take advantage of the morning meals our district provides.

Let's crack open this week celebrating breakfast together!

Joyce Curry, Director of Child Nutrition
Troy City Schools Child Nutrition



Cynthia Thomas, Superintendent
Troy City Schools

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**Q: Why do eggs
make great
detectives?**

**A: Because they
always crack the
case!**

