



MEET YOUR MENTAL HEALTH COORDINATOR

HELLO PARENTS!

It's so nice to meet you! My name is Ms. Jess Vacek and I am the new mental health services coordinator for Troy City Schools. I am here to help make sure that your family has everything it needs to thrive and that your child is happy, healthy, and educated.

HOW CAN I HELP?

- By working with you and all of the adults on your child's team to overcome learning obstacles
- By connecting your family with resources like food and clothing
- By offering assistance with social-emotional, behavioral, or mental health concerns

ABOUT ME

I recently graduated from Troy University with my Master of Science in Social Work Degree. I grew up in Michigan, but I have lived in Pike County for 5 years. I have always had a passion for mental health in the school-setting, and I am so excited to be a part of the Troy City Schools family!

CONTACT ME! vacekj@troyschools.net

MENTAL HEALTH OPT-IN FORM

OPTING-IN TO MENTAL HEALTH SERVICES MEANS THAT YOUR CHILD WILL HAVE ACCESS TO...

- High quality services that build on existing school programs, services, and strategies
- A continuum of care in a school setting through our counselors and mental health coordinator
- Mental health education and promotion through thoughtful intervention
- Authentic parent/family engagement
- Meaningful children and youth involvement
- Culturally and linguistically competent service provision
- Data-driven planning, evaluation, and quality improvements

REMEMBER TO SIGN AND RETURN YOUR OPT-IN FORMS!